



Member Assistance Program

www.tradesmap.org

Helping Unionized Tradespeople with the stresses of life.

Call or email the office to book:

Office: 613-742-7962

Toll Free: 1-800-258-0580

Emergency: 613-742-5257

Email: support@tradesmap.org



We are a non-profit network of counsellors providing individual, couple & family counselling, to help alleviate the symptoms and stresses from issues like:

- Substance & Alcohol misuse
- Anxiety
- Depression
- Panic
- Relationship struggles
- Abuse (physical, sexual or emotional)
- Trauma
- Navigating separation & divorce
- Anger management

Who we are

In 1996 Gabriel Chauvin, a unionized tradesperson, founded the MAP for unionized tradespeople. The Member's Assistance Program (MAP) is a non-profit organization focused on assisting our members through counselling on the issues that unionized tradespeople face daily.



MAP counselling is available through participating locals to unionized members in good standing, their partners, and dependent children (age limits apply).